

the WEEKEND UPDATE

FUPC 7-Day Forecast

February 3 - February 9

- SUNDAY** Spiritual Growth for All Ages, 9:30 a.m.
Young Adults Lunch, 12:15 p.m., offsite
Planning Meeting (with lunch), 12:15 p.m.
Sunday Supper, 3:00 p.m., Trinity United Methodist Church
Youth Super Bowl Party, 5:00 p.m., at the home of the Byars
- MONDAY** PW Cookie Packaging, 9:00 a.m., Calvin 201
Presbyterian Women Circle 4, 1:30 p.m., at the home of Lina Long
- TUESDAY** Presbyterian Women Circle 2, 6:15 p.m., at the home of Brianne Christiansen
Yoga, 6:30 p.m., Fellowship Hall
- WEDNESDAY** Men's Breakfast, 6:30 a.m., Village Inn
Chancel Choir Rehearsal, 7:00 p.m., Music Room
UPY Small Groups, 7:30 p.m., Lower Witherspoon
Worship Ensemble Rehearsal, 8:30 p.m., Sanctuary
- THURSDAY** Intercessory Prayer, 3:30 p.m., Butterfield Trail Village (BTV)
Abrahamic Faiths, 7:00 p.m., Upper Witherspoon
- FRIDAY** Hooks and Needles, 10:00 a.m., Lower Witherspoon
First School Commission, 12:45 p.m., Calvin 201
Building Stronger Marriages, 6:00 pm., Library
- SATURDAY** Fellow"Shape" Zumba, 10:00 a.m., Upper Witherspoon

[This Week's Scripture](#)

Announcements

“STARTING OVER” is our current sermon series. At the beginning of each year, many of us take time to review how we’ve been living and resolve to make personal changes. Over seven Sundays, we’re reassessing our personal lives, habits, disciplines, and direction with the intention of living in Christ, achieving our personal goals (by the grace of God), and ending well (to the glory of God). These biblically-based messages will be relevant to all ages.

February 3 What Do I Do with My Time? (Habits)

February 10 How Is My Life with God? (Spiritual Care)

February 17 How Do I Tend to My Relationships? (Friendships)

February 24 What Do I Want Others to Say About Me? (Legacy)

SOUPER BOWL OF CARING NON-PERISHABLE FOOD DONATIONS AND MONETARY GIFTS WILL BE COLLECTED IN BOTH SERVICES BY UPY ON SUNDAY for those who are experiencing food insecurity in our area.

EXCITING SUNDAY MORNING SPIRITUAL GROWTH OPPORTUNITIES for children take place every Sunday in the Knox building. Music, Bible stories, and fun activities that deepen faith happen from 9:30 - 10:30 a.m.

SUNDAY MORNING SPIRITUAL GROWTH OPPORTUNITIES FOR YOUTH (7th-12th): Confirmation Class meets in Lower Knox with teachers Tom Verdery and Lorraine Brewer. UPY Mornings meet in Lower Witherspoon for breakfast snacks, games, and Bible discussion. Right now, we're talking about how to find rest in God.

SUNDAY MORNING SPIRITUAL GROWTH OPPORTUNITIES FOR ADULTS INCLUDE:

- Calvin 203 - The Present Word (Winter Study) - Our Love for God, Loving God by Trusting Christ (led by Dennis Brewer and Jane Steinkraus)
- Calvin 201 - Discussion of spiritual practices to deepen our knowledge, love and service of God informed by the book A Long Obedience in the Same Direction by Eugene Peterson (led by Rev. Danny Daniel and Rev. Joyce Daniel)
- Upper Witherspoon - Making Sense of God: Finding God in the Modern World by Tim Keller (led by Brett and Sara Torbett)

UNITED PRESBYTERIAN YOUTH AND FRIENDS are invited to our annual Super Bowl Party. Join us at 5:00 p.m. Sunday at the home of the Byars for food and games while we watch the game together. Please bring a snack to share! Sixth graders are also welcome to come and check out UPY!

DONATE AND BAKE FOR THE PRESBYTERIAN WOMEN’S COLLEGE CARE PACKAGES. The Presbyterian Women are sending care packages to our young adults for Valentine's Day. How can you help? One - Donate your child's favorite candy to the church office (individually wrapped please). Two - Bake cookies with us on Saturday, February 2, at 9:00 a.m. in the Main Kitchen. Three - Help assemble the packages on Monday, February 4, in Calvin 201. For more information, contact Amy Rossetti (amyhrossetti@gmail.com).

THE ABRAHAMIC FAITHS FORUM WILL PRESENT “DIRTY LAUNDRY: INTERNAL DISPUTES WITHIN THE ABRAHAMIC FAITHS” in Upper Witherspoon Thursday, February 7, at 7 p.m. We continue an eight-year tradition as Jews from Temple Shalom and Muslims from both the Turkish Gulen movement and the Islamic Center of Northwest Arkansas join us to discuss, better understand, and appreciate one another’s faith traditions. Each panelist will discuss one disagreement within their own faith tradition, how it is being handled, and how it is affecting the history and public perceptions of that tradition. We begin with a panel discussion, move to questions and comments from the audience, and adjourn to enjoy informal conversation over dessert.

SUNDAY, FEBRUARY 10, ANNA CLAIRE WARD, INFANT DAUGHTER OF COLEMAN AND MARY WARD AND SISTER TO KENNEDY, will be baptized at the late service.

FEBRUARY 10 IS SCOUTS BSA SUNDAY. Please wear your uniforms to church. Scouts will be helping in the service.

PRIORITY REGISTRATION FOR FIRST SCHOOL IS FEBRUARY 11 AND 12 FOR FUPC MEMBERS. Spread the word! Open registration is online on February 14. Contact our First School director, Cathy Hairston (chairston@fupcfay.org), for more information.

A BRAND NEW PARENTS’ GROUP BEGINS FEBRUARY 13 AT 11:00 A.M. IN CALVIN 201. We’ll get together every other Wednesday as FUPC/First School parents for relational time and conversations about The Best Yes by Lysa Terkheurst. There’s no need to be caught up on reading to participate. Just come!

WE’LL BE HEARING ABOUT THE MAGDALENE SERENITY HOUSE, a ministry of St. Paul’s Episcopal Church, at First Fellowship on February 14. The women who are served are overcoming childhood sexual abuse, addiction, trafficking, trauma, and incarceration and beginning new lives. Lunch is at 11:30 a.m. at the Butterfield Trail Village Lodge. Cost is \$8.00 (cash or BTV fob). Contact Ron Talbert (841-9742) or Ed Piper (236-4410) to make your reservation.

ON FEBRUARY 17, STUDENTS FROM UNITED CAMPUS MINISTRY will be here to preach and lead the services.

When you come to the Annual meeting and catered lunch on February 24 (immediately following worship), we’ll celebrate what God is doing among us and through us at FUPC. We’ll gather in Fellowship Hall for a delicious catered meal, engaging conversation around tables, important highlights from the past year, and break-out groups that help us dream and plan for the future. Please make lunch reservations by Friday, February 15, through the Church Office (officemanager@fupcfay.org or 442-4411) or by signing up in the Gathering Place today. This is how we know to include you in the meal count with the caterer.

PLEASE SIGN UP TO HELP WITH WELCOME AND HOSPITALITY THROUGH THE COFFEE BAR. All are welcome to serve in this way! We need one helper at 9:15 a.m., another at 10:30, and another at noon. Thank you!

PLEASE Sign Up to Bring a Meal to UPY Together! Fellowship over food is a big part of UPY family time on Sunday nights, and we appreciate your continued help! To sign up, talk to

Brianne (bchristiansen@fupcfay.org) or go to <https://www.mealtrain.com/trains/grqvo>.

2019 Offering Envelopes are available in the Gathering Place for those who requested them on their pledge cards. If any others would like weekly envelopes, please email Laura Winburn (lwinburn@fupcfay.org).

COPIES OF OUR FEBRUARY NEWSLETTER ARE NOW AVAILABLE IN THE GATHERING PLACE. Send us a note if you want to receive it by email (officemanager@fupcfay.org).

The four inventory slides from our January 20 sermon, "What Do I Look Like?" and an audio recording of the sermon, "Who Do I Want to Become?" from January 27, are available on the church website at <http://www.fupcfay.org/#>.

March 16-23 We are planning to travel with a team of up to 20 individuals on a Spring Mission Trip to Trinidad de Copan. We will be working on a small housing project where we hope to build nine homes. Construction and Spanish skills are appreciated but not required. Leigh Woodruff will be leading this trip. If you are interested and would like an application or more information, please contact Leigh (601-1437 or leigh.woodruff@yahoo.com).

Joys and Concerns

Please Remember in Your Prayers

The Lord is near to the brokenhearted and saves those who are crushed in spirit (Psalm 34:18).

God in your grace, you hear our prayers.

Hospitalized at WRMC— Jackie Rocha

Home after Hospitalization - Fred Shefte

Hospice at Home—Dorothy Clinehens

Chemotherapy—Karen Pope

Ongoing Medical Care—Gibby and Pat Young

Mary Hewat (Bill's mom in NC)

Elaine Button (Rob's mom in VA)

Jimmie Mathews (Jana Hemphill's mom in Tulsa)

Rehabilitative Care at BTV—Lu Gatewood

Awaiting Surgery in February—Virginia Bowers (Lance's mom)

Recovering—J.P. Peters, Mary Mann, and Barbara Verdery

Grieving—Gary and Emily Wrotny (death of her grandfather, James Gaddy)

David and Barbara Brown (death of her brother)

Diana Shefte (death of her brother-in-law)

Chris and Mary Boushelle (death of his uncle)

For our children and youth—for growth in faith and life

For our homebound members as we care for them—visits are welcome and encouraged

For others we love who prefer to be anonymous—for Christ's peace amid change

For those who need shelter from the cold

For those who are stretched financially

For our friends of other faiths

For the PC(USA)—for energy and Spirit as we continue to speak the good news
and serve our neighbors with love and justice

For this congregation—as we seek to be a light on and off of the hill

If you have or know of any prayer concerns or joys please contact the Church Office (442-4411 or officemanager@fupcfay.org).

