

**First United Presbyterian Church**  
**Community Service Opportunities**  
4/2/2012

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Codes  
C Children may participate.  
Y Youth may participate.  
G Suitable for small group/table of eight

***“For the Son of man also came not to be served but to serve...”*** Mark 10:45a

First United Presbyterian Church is committed to being a “service-centered” church. As disciples of Jesus Christ we follow him by following his example of servanthood. As Jesus explained, “the Son of Man came not to be served but to serve,” so we, too, are called to serve others rather than ourselves. Each of us can serve Christ in many ways: through caring for our families and friends, through our stewardship of the environment, and by reaching out to others in need – “as you did it to one of the least of these who are my family, you did it for me.” (Matthew 25:40)

There are so many ways to give of ourselves to the needs of the community. To assist the organizations in northwest Arkansas that are trying to meet those needs, the Outreach Committee has worked with five organizations to develop service opportunities. Whether you only have time available on the weekends, evenings, during the workday, or must bring your children if you’re volunteering, there are ways in which you can serve.

Wishing that you could be of service but you can’t leave your home? Then you can have letters with envelopes delivered to your home and you can serve by stuffing the envelopes. Only have one Saturday morning available? Then perhaps working on a Habitat for Humanity house is what God is calling you to do. Not certain that you’ll feel comfortable doing something alone? Opportunities for our “Tables for 8” include feeding college students at the United Campus Ministry, gathering needed items for Seven Hills, and hosting a birthday party at Life Styles.

Look through the Service Opportunities. They have most of the information that you will need to decide if this is how God is calling you to serve. They are labeled as to when, where, whether they are for individuals or groups, whether this is something that children could help with or youth could undertake, what type of training is needed if any, and contact information for questions or to volunteer.

The vision and objectives adopted by the First United Presbyterian Church in 2010 call the whole congregation to a commitment to hands-on involvement in mission, initially focused on three to five local groups. As a part of that vision, the Outreach Committee has identified and compiled these opportunities to serve Christ by serving people in our community. And other Committee initiatives for global mission and Katrina disaster assistance, as well as outreach through Presbyterian Women and the youth of the church, expand the reach of our hands and hearts in northwest Arkansas and beyond.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Cooperative Emergency Outreach (CEO)

Activity Name: **CEO Volunteer**

Website: [www.ceofayetteville.org](http://www.ceofayetteville.org)

When: CEO is open 1:00-3:00 pm, M-F

What frequency: as little as 2 hr/wk or serve on substitute list

Where: 419 W Rock St (behind the Fayetteville Public Library)

Contact name: Gretchen Gearhart (volunteer coordinator)

Contact phone number: 479-442-2066

Contact e-mail: [gbgearhart@sbcglobal.net](mailto:gbgearhart@sbcglobal.net)

Describe activity: interviewing clients, working in the food pantry to load grocery bags or unload food donations, buying food at food bank, record keeping, computer operator

Skills/experience needed/desired? Interviewers learn job by shadowing experienced interviewers. Computer skills can be helpful in some tasks.

Best for how many? One or two.

Individual? yes

Small group/table of eight? no

Larger group? no

Can children/youth be involved? Youth can help in pantry, but not a good environment for children

What age? Middle school and up

Childrenshouse-1

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

EOA Children's House

[Click here for volunteer opportunities.](#)

Habitat-1

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Habitat for Humanity

Activity name: **Construction/Deconstruction**

Website: <http://habitatwashingtoncoar.org/>

Contact name: Michelle Davis

Contact phone number: 575-9696

Contact email: michelle@habitatwashingtoncoar.org

Related webpage:

[http://habitatwashingtoncoar.org/index\\_files/HFHVolunteers.htm](http://habitatwashingtoncoar.org/index_files/HFHVolunteers.htm)

Activity: Construction of a house: framing, drywall, and painting

Deconstruction of a house: salvaging useable fixtures to be used in building  
or

items that can be sold at the Restore: plumbing fixtures, lighting fixtures,  
Windows doors, etc.

Skills/experience needed: Habitat provides a site coordinator who will provide any  
on-the-job training needed.

The best number of workers on construction/deconstruction is 8-10.

Youth cannot be on the job site due to the use of power tools.

Youth can prepare and serve lunch with an adult at the job site.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Habitat for Humanity

Activity name: **Preparing/Serving Lunches to Construction Workers**

Website: <http://habitatwashingtoncoar.org/>

Contact name: Michelle Davis

Contact phone number: 575-9696

Contact email: [michelle@habitatwashingtoncoar.org](mailto:michelle@habitatwashingtoncoar.org)

Related webpage:

[http://habitatwashingtoncoar.org/index\\_files/HFHVolunteers.htm](http://habitatwashingtoncoar.org/index_files/HFHVolunteers.htm)

Description: Volunteers prepare and serve a lunch to workers on the job site. There are usually 10-12 volunteers on the job site who will need lunch. Lunches can be sandwiches, chips, fruit, etc. Drinks can be canned soda, ice tea, etc. Water is available on the job site. Lunch is usually brought to the job site by volunteers around 11:30 to 12:00. Volunteers can check with Michelle as to the availability of cups, napkins, etc., as sometimes the job site has eating utensils. If volunteers bring the lunch and cannot stay to serve, the workers can take care of it themselves. (It is a positive thing for volunteers to stay and eat lunch with the workers.)

Can Children/Youth be involved? Children/youth can help prepare the meal as a group in someone's home or can each take a different assignment to prepare in their own home. (ex.: one or two children could make sandwiches; another could make brownies, etc.)

One of the children could offer the blessing before eating.

An adult (parent, youth leader, teacher) must accompany and supervise the children/youth and stay with them at all times while on the job site. All power tools, etc will be turned off when children arrive. However, the job site will still have hazards, such as stacked boards, ladders, extension cords, etc.

For safety purposes, the children's/youth group that serves the lunch will need to be small, ex.:3-4.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Habitat for Humanity

Activity: **ReStore**

Website: <http://habitatwashingtoncoar.org/>

When: Store hours 9-5 Wed. –Sat. (soon to open Mon.-Sat.)

Frequency: Volunteers can work full days or half days and one or more days week

Where: 1421 E. 15<sup>th</sup> Street, Fayetteville (Former Hanna's Candle Factory)

Contact name: Michelle Davis 575-9696

Contact email: [michelle@habitatwashingtoncoar.org](mailto:michelle@habitatwashingtoncoar.org)

Related webpage:

[http://habitatwashingtoncoar.org/index\\_files/HFHVolunteers.htm](http://habitatwashingtoncoar.org/index_files/HFHVolunteers.htm),

[http://habitatwashingtoncoar.org/index\\_files/HFHReSTORE.htm](http://habitatwashingtoncoar.org/index_files/HFHReSTORE.htm)

Description: sales, merchandise display, pricing, donations pick-up, helping customers

Skills/experience needed: people skills, sales experience, helpful, but not required

Number of people needed: 5-8 individuals

Individuals? yes

Can children/youth be involved? Youth 16 or older can work at the store.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Habitat for Humanity  
Activity: **Habitat Committees**  
Website: <http://habitatwashingtoncoar.org/>

When: Store hours 9-5 Wed. –Sat. (soon to open Mon.-Sat.)  
Where: 1421 E. 15<sup>th</sup> Street, Fayetteville (Former Hanna’s Candle Factory)

Contact name: Michelle Davis  
Contact phone: 575-9696  
Contact email: [michelle@habitatwashingtoncoar.org](mailto:michelle@habitatwashingtoncoar.org)  
Related webpage:  
[http://habitatwashingtoncoar.org/index\\_files/HFHVolunteers.htm](http://habitatwashingtoncoar.org/index_files/HFHVolunteers.htm)

Description: Volunteer for one of these committees:

Building Committee: volunteers with specialties/qualifications: realtors, surveyors, architects, building code knowledge, carpenters, concrete workers, plumbers, electricians, utility people, and building supply people.

Family Support Committee: volunteers with good people skills to partner with new families to assist them during the process of becoming a homeowner.

Resource Development Committee: volunteers with an interest in marketing, fundraising, event planning, and grant writing that will help Habitat meet the fiscal needs to continue their mission.

Family Selection Committee: interviewing and reviewing families seeking homeownership.

Public Relations Committee: responsible for getting Habitats message to the public—working to make the community aware of the needs and purpose of Habitat.

Church Relations Committee: serve as a liaison between Habitat and their church to help their church partner with Habitat through volunteers, prayers, and financial support

Skills/experience needed: people skills, sales experience, helpful, but not required

Can children/youth be involved? No

**First United Presbyterian Church  
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Organization: Habitat for Humanity

Activity: **Thanksgiving Baskets for Habitat Families**

Website: <http://habitatwashingtoncoar.org/>

When: 2 weeks prior to Thanksgiving

Where: Habitat Office 1421 E. 15<sup>th</sup> Street (Previously the Hanna Candle Factory)

Contact person: Michelle Davis

Contact email: [michelle@habitatwashingtoncoar.org](mailto:michelle@habitatwashingtoncoar.org)

Related webpage:

[http://habitatwashingtoncoar.org/index\\_files/HFHVolunteers.htm](http://habitatwashingtoncoar.org/index_files/HFHVolunteers.htm)

Description: Children/youth can help fill the Thanksgiving baskets with donated food brought to the office. They can also help by donating canned goods or a turkey or ham or rolls, etc. for a basket. The number of baskets to be filled are 12-15. An adult would need to accompany the children/youth.

Skills/experience needed: none

Can children/youth be involved? Yes. See above.

Suitable for small group? Yes.

**First United Presbyterian Church  
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Organization: Habitat for Humanity

Activity: **Angel Tree Program for Habitat Families**

Website: <http://habitatwashingtoncoar.org/>

When: 2-4 weeks prior to Christmas

Location: Habitat Office, 1421 E. 15<sup>th</sup> St., Fayetteville

Office Hours: 8-5 Mon.-Thur. 8-12-Fri.

Contact name: Michelle Davis

Contact phone: 575-9696

Contact email: [michelle@habitatwashingtoncoar.org](mailto:michelle@habitatwashingtoncoar.org)

Description: Children of Habitat families will have their names on the Habitat Christmas Tree. There will be a child's name, age, sex and some suggested ideas for a gift. Children/youth and their parent/leader, etc. are welcome to come to the Habitat office(with) and pick a name(s) from the Christmas tree and shop with their parents for a gift. Wrap the gift and return it to the office. The Habitat children's parents will pick up their children's presents before Christmas.

Skills/experience needed? None

Can children/youth be involved? Yes. See above.

Suitable for small group? Yes

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

- Organization: Life Styles  
Activity Name: **Classroom Assistant/Mentoring/Teaching**  
Website: <http://www.lifestylesinc.org>
- When: To be arranged  
What frequency: Once a week, at the same day and time of day each week, for three months
- Where: Life Styles, 2471 W. Sycamore (near the crossroads of Deane and Porter)
- Contact name: Lindsay Broshears for information on specific tasks; Dottie Hattal for forms to fill out  
Contact phone number: 479.251.3581  
Contact e-mail: [lbroshears@lifestylesinc.org](mailto:lbroshears@lifestylesinc.org) and [dhattal@lifestylesinc.org](mailto:dhattal@lifestylesinc.org)  
Related webpage: [http://www.lifestylesinc.org/site/?page\\_id=740](http://www.lifestylesinc.org/site/?page_id=740)
- Describe activity: Working with college-aged students who have learning disabilities as a classroom assistant or teacher. Focus areas include, but are not limited to, academics (math, reading, spelling, etc.) or independent living skills (money and budget, safety, etc.). Other options include exercise, health and wellness, and art.
- Skills/experience needed/desired: Love and acceptance of young people who are different. Patience. Ability to work well with others. And if wanting to teach, knowledge of that subject.
- Other requirements: All volunteers at LifeStyles must attend a 20 minute orientation, fill out an application form, and agree to a background check.
- Best for how many?
- Individual An individual can be an assistant or teacher for a specific class, which would require a commitment of one specific time frame on the same day, one day a week for three months.
  - Small group/table of eight A larger group of 3-10 could lead a specific topic to be arranged as a one-time option
  - Larger group More difficult for larger groups

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization:	Life Styles
Event Name:	Birthday Parties
Organization website:	<a href="http://www.lifestylesinc.org">http://www.lifestylesinc.org</a>
Day/time	Third Saturday of the Month
Location	Life Styles, 2471 W. Sycamore (near the crossroads of
Deane and Porter)	
Contact name:	John Newman
Contact phone number:	521.3581
Contact e-mail	<a href="mailto:johnmichnew@yahoo.com">johnmichnew@yahoo.com</a>
Related webpage:	<a href="http://www.lifestylesinc.org/site/?page_id=740">http://www.lifestylesinc.org/site/?page_id=740</a>
Describe activity	“Host” a birthday party for the clients and residents of LifeStyles. The group could bring food (such as pizza), cake, drinks, etc. and visit with people during the party.
Skills/experience needed/desired	Love and acceptance of people who are different. Patience. A fun attitude. Ability to work well with others.
Best for how many (give number)	4-12 people would probably be best
Individual	This is not an individual project.
Small group/table of eight	This would be a great activity for a Table of 8 because it is the right number needed and involves a meal!
Larger group	Probably not
Can children or youth be involved	Yes!
What age?	Any age. This would be a good opportunity for children to get to know others who are a bit different from themselves and interact.

**First United Presbyterian Church  
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Organization: Lifestyles  
Activity Name: **Exercise Buddies**  
Website: <http://www.lifestylesinc.org>

When (such as specific day/time of month): To be matched with specifics  
What frequency (weekly, monthly, etc.): Once a week, at the same day and time of day each week, for three months  
Contact name: Dottie Hattal  
Contact phone number: 479.241.3581  
Contact e-mail: [dhattal@lifestylesinc.org](mailto:dhattal@lifestylesinc.org)  
Related webpage: [http://www.lifestylesinc.org/site/?page\\_id=740](http://www.lifestylesinc.org/site/?page_id=740)

Describe activity: Lifestyles has a membership at the Boys and Girls Club. The volunteer would meet their "exercise buddy" at the Boys and Girls Club and spend an hour exercising with them once a week.

Skills/experience needed/desired: Love and acceptance of people who are different, the desire to exercise, and the ability to motivate, encourage and to set goals.

Other requirements: All volunteers at Lifestyles must attend a 20 minute orientation, fill out an application form, and agree to a background check.

Best for how many: This is an individual commitment.  
Can children and youth be involved? Must be 18 years of age or older

**First United Presbyterian Church  
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Organization: Lifestyles  
Activity Name: **Organize the File Storage Facility**  
Website: [www.lifestylesinc.org](http://www.lifestylesinc.org)  
When: Monday-Friday, between 8 am and 5 pm, as scheduled  
What frequency (weekly, monthly, etc.): To be arranged.

Contact name: Dottie Hattal  
Contact phone number: 479.241.3581

Describe activity:

Working as directed by Dottie Hattal to organize, clean up, and arrange old files.

Skills/experience needed/desired: Love and acceptance of people who are different, and someone who is organized and detail oriented.

Other requirements: All volunteers at Lifestyles must attend a 20 minute orientation, fill out an application form, and agree to a background check.

Best for how many: One, two, or three people could work alone or together.  
Can children and youth be involved? Must be 18 years of age or older

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Lifestyles

Activity Name: **Internal Papers/Document Scanning**

Website: [www.lifestylesinc.org](http://www.lifestylesinc.org)

When (such as specific day/time of month): Monday-Friday, between 8 am and 5 pm, as scheduled

What frequency (weekly, monthly, etc.): To be arranged.

Contact name: Dottie Hattal

Contact phone number: 479.241.3581

Contact e-mail: [dhattal@lifestylesinc.org](mailto:dhattal@lifestylesinc.org)

Describe activity:

Working as directed by Dottie Hattal to organize and scan documents.

Skills/experience needed/desired: Love and acceptance of people who are different, and someone who is organized and detail oriented.

Other requirements: All volunteers at Lifestyles must attend a 20 minute orientation, fill out an application form, and agree to a background check.

Best for how many: One, two, or three people could work alone or together.  
Can children and youth be involved? Must be 18 years of age or older

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Lifestyles  
Activity Name: **Health and Safety Building Inspections**  
Website: [www.lifestylesinc.org](http://www.lifestylesinc.org)

When: Monday-Friday, between 8 am and 5 pm,  
as scheduled

What frequency (weekly, monthly, etc.): To be arranged.

Contact name: Dottie Hattal  
Contact phone number: 479.241.3581  
Contact e-mail: [dhattal@lifestylesinc.org](mailto:dhattal@lifestylesinc.org)

Describe activity:

Working as directed by Dottie Hattal to go through facilities and check for any hazards, needs, or dirtiness. Each facility utilized by Lifestyles must be inspected every six months.

Skills/experience needed/desired: Love and acceptance of people who are different, and someone who is detail oriented when it comes to cleanliness and/or with a knowledge of plumbing, heating, electricity, etc.

Other requirements: All volunteers at Lifestyles must attend a 20 minute orientation, fill out an application form, and agree to a background check.

Best for how many: One or two people could work alone or together. If one person, that person must simultaneously check for cleanliness and safety.

Can children and youth be involved? Must be 18 years of age or older

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Lifestyles  
Activity Name: **Lead Gardening Class**  
Website: [www.lifestylesinc.org](http://www.lifestylesinc.org)

When (such as specific day/time of month): Early evenings or weekends  
What frequency (weekly, monthly, etc.): To be arranged, but a six month commitment.

Contact name (to volunteer for or get additional information): John Newman  
Contact phone number: 479.241.3581  
Contact e-mail: [johnmichnew@yahoo.com](mailto:johnmichnew@yahoo.com)

Describe activity:

Working with a group of clients from Lifestyles to plant, water, weed, tend, care, maintain, etc. some small garden areas at the Lifestyles office area.

Skills/experience needed/desired: Love and acceptance of people who are different, patience, some knowledge of gardening, and the ability to guide and direct, motivate, and have fun working.

Other requirements: All volunteers at Lifestyles must attend a 20 minute orientation, fill out an application form, and agree to a background check.

Best for how many: One, two, or three people could work alone or together.  
Can children and youth be involved? Older children could be a part of the gardening experience.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Lifestyles  
Activity Name: **Assist with Mailings**  
Website: [www.lifestylesinc.org](http://www.lifestylesinc.org)

When (such as specific day/time of month): Either:  
Monday-Friday, between 8 am and 5 pm,  
as scheduled at the Lifestyles office.  
Or:  
At home at your own schedule and pace.  
What frequency (weekly, monthly, etc.): To be arranged.

Contact name: Dottie Hattal  
Contact phone number: 479.241.3581  
Contact e-mail: [dhattal@lifestylesinc.org](mailto:dhattal@lifestylesinc.org)

Describe activity: Working as directed by Dottie Hattal to stuff envelopes, put labels on them, and generally prepare them for a mailing.

Skills/experience needed/desired: Nimble fingers and the ability to do repetitive work.

Other requirements: All volunteers at Lifestyles must attend a 20 minute orientation, fill out an application form, and agree to a background check. (For this activity, those doing the work in their own homes may be excused from the orientation and other requirements.)

Best for how many: One, two, or three people could work alone or together.  
Can children and youth be involved? Must be 18 years of age or older

**First United Presbyterian Church  
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Organization: Lifestyles  
Activity Name: **Help at Polo in the Ozarks**  
Website: [www.lifestylesinc.org](http://www.lifestylesinc.org)

When (such as specific day/time of month): September 6, 7, and 8, 2012  
What frequency (weekly, monthly, etc.): As many hours as you can give on those dates.

Where: Brian Buell's farm near Goshen  
Contact name (to volunteer for or get additional information): Carol Hart  
Contact phone number: 479. 267.2202  
Contact e-mail: [chart@lifestylesinc.org](mailto:chart@lifestylesinc.org)

Describe activity: Sept 6 – 10:00 –dark: take items to field & help set up  
Sept 7 – 10:00 – dark : set up stage, dining area, auction  
Sept 8 - Day of Polo – 9:00 am to midnight: tailgate, auction, tickets, clean-up after event  
Sept 9th – the day after – clean-up and move everything back to Life Styles.

Skills/experience needed/desired: Can use strong backs and trucks.

Other requirements: Possibly the ability to stand heat, sun exposure, or rain.  
This is an outdoor activity.

Best for how many: Could use individuals, small groups/tables for 8, youth, etc. Need 25 plus volunteers each day.

Can children and youth be involved? Youth, ages 14 and up.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Lifestyles  
Activity Name: **Life Styles Performing Arts Program**  
Website: [www.lifestylesinc.org](http://www.lifestylesinc.org)

When: Tuesdays and Thursdays 1:00 to 4:00  
What frequency (weekly, monthly, etc.): 2x week  
Where: Life Styles Stensgaard Center 2590 W. Sycamore Fayetteville (off Porter Road)

Contact name (for additional information or to volunteer): Carol Hart  
Contact phone number: 479.267.2202  
Contact e-mail: [chart@lifestylesinc.org](mailto:chart@lifestylesinc.org)

Describe activity: This year we started a performing arts program! About 12 folks are in the class. Our performing arts teacher will be the key staff person involved, however volunteers are needed to assist and provide support and encouragement to the students.

Skills/experience needed/desired? Nothing special, just a desire to help and have fun!

Best for how many?

Individual? Just one volunteer at a time, however, you might sign up to just help one day a week, or only for the month of April. If you are interested, we can work with you on the best schedule for you.

Small group/table of eight? Probably not a group activity

Can children/youth be involved? Youth if 14 years or older

**First United Presbyterian Church  
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Organization: Life Styles, Inc.

**Activity Name: College for Living (CFL) Monthly Party**

Website: <http://www.lifestylesinc.org>

When: 3rd Wednesday

What frequency: monthly

Where: Party rotates between the Blair Center & The Stensgaard Center

Contact name: Carol Hart or Lindsay Broshears

Contact phone number: 267-2202 (Carol) 521-3581 (Lindsay)

Contact e-mail: [charft@lifestylesinc.org](mailto:charft@lifestylesinc.org) ; [lbroshears@lifestylesinc.org](mailto:lbroshears@lifestylesinc.org)

Describe activity: About 50 individuals with disabilities participate in Life Styles College for Living Program. The party is held monthly and volunteers could help in the following ways:

- Help prepare the food (snack / meal) prior to the party
- Help serve
- Take pictures at the party
- Assist staff in games, performances, or whatever is planned for that party
- Enjoy meeting and interacting with the individuals

Skills/experience needed/desired? Nothing special

How many volunteers needed?

Individual – 1 to 5

Small group/table of eight- would be great! You could help plan the food & activity!

Can children/youth be involved? Children are welcome. If younger than 12 years, adult volunteers need to provide appropriate supervision.

Peaceathome-1

**First United Presbyterian Church  
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Peace at Home Family Shelter

Go to <http://www.fupcfay.org/pdf/peaceathomeservice.pdf> for volunteer opportunities.

**First United Presbyterian Church  
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Organization: Seven Hills Center  
Activity Name: **Job Mentoring**  
Website: <http://7hillscenter.org>

When: Daytime activity  
What frequency: Assist until the person gets a job, hopefully  
Where: Seven Hills Center, 1555 W. MLK Blvd., Fayetteville  
Contact name: Deja Glover, Case Manager for The Day Center  
Contact phone number: 251-7776 ex 753  
Contact e-mail: [deja@7hillscenter.org](mailto:deja@7hillscenter.org)

Describe activity: Assist in helping a jobless, homeless person, one-on-one, in gaining employment.  
Skills/experience needed/desired: A person who is able to guide, encourage, network, brain storm, transport, and empathize.

Best for how many: Individuals  
Can children/youth be involved? No

**Additional Comments:**

These individuals include a high percentage with some sort of physical, mental, or developmental handicap. They could be alcohol- or drug-addicted. There are 50 to 125 people at the center daily. Most live in an estimated 50 camps within the Fayetteville city limits, but some may have other places to stay. Most are homeless or marginally homeless, moving in and out of the Salvation Army or the Seven Hills housing. Their education level varies from little to a college degree. Most are veterans and males.

This would be a new program, but they, including their Director, John Woodward, are very enthusiastic about the idea. They are overwhelmed with only one staff member, Deja, working with individuals on their employment search. She encourages them to work full time on getting a job.

There are some females, and it would be best to have female mentors for females and male mentors for males. The mentors would need some training. Deja would be willing to train our group on the "Do's and Don'ts." There is also a group called "Sources", who put on a once-a-month workshop on job readiness for jobless people in the region. The 7Hills homeless are encouraged to attend these workshops. Our mentors could attend this also.

The assistance interaction would have to be done in a confidential manner. A signed agreement on this may be required. It seems that that this could be done using the Stephen Ministry Model with a trained group of mentors who meet occasionally to discuss strategies.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Seven Hills

Activity Name: **Transportation of Homeless Persons to Needed Appointments**

Website: <http://7hillscenter.org>

When: During the day, 8:00 to 4:30

What frequency: Approximately 1 to 6 calls per week for the shared list of volunteers

Where: Seven Hills Center, 1555 W. MLK Blvd., Fayetteville

Contact name: Betty Ezell

Contact phone number: 521-3720

Contact e-mail: [betty.ezell@cox.net](mailto:betty.ezell@cox.net)

Describe activity: Seven Hills Center would like a list of volunteers that they could use to call a volunteer to take a homeless person from Seven Hills to an appointment with a doctor, the Washington Regional Hospital ER, bus station, etc.

Skills/experience needed/desired: Licensed driver with car. May need proof of insurance.

Best for how many? A number of individuals who can be reached by phone in order to find one person. They would probably need a female driver for females and a male driver for males.

Can children/youth be involved? No

Comment: At this time they only have one volunteer available to help in this way, and this person needs to have dialysis 3 days a week.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Seven Hills Center  
Activity Name: **Community Meals Project: Food Preparation**  
Website: <http://7hillscenter.org>

When: The third Friday of each month, typically 8:30am to 11:00 and occasionally on the Thursday morning prior to the third Friday  
What frequency: Monthly. Volunteers are rotated throughout the year.  
Where: First United Presbyterian Church

Contact name: Betty Ezell, coordinator of the project  
Contact phone number: 521-3720  
Contact e-mail: [betty.ezell@cox.net](mailto:betty.ezell@cox.net)

Describe activity: Assist in preparing a lunch in the church kitchen to serve one hundred of our homeless neighbors and also get all parts of the meal ready to transport to the Seven Hills Center at 11:00.

Skills/experience needed/desired?: Anyone who enjoys working in the kitchen with two or three other people, understands and uses kitchen safety procedures and uses sanitary practices in handling food

Best for how many: Just one or two per month are needed for this phase of the project.

Can children/youth be involved? Yes, if he or she is a teenager who has previously worked in the church kitchen. Also see "Skills/Experience needed/desired", above.

**Additional Comments:**

The meal is already planned and all ingredients are on site.  
Volunteers are rotated throughout the year.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Seven Hills Center  
Activity Name: **Community Meals Project: Transporting and Serving**  
Website: <http://7hillscenter.org>

When: The third Friday of each month from 11:00 until 1:30 or 2:00, usually  
What frequency: Monthly  
Where: Meet at the church kitchen, transport to Seven Hills Center, 1555 W. MLK Blvd., Fayetteville, and return to the church kitchen after serving the meal.

Contact name:  
Betty Ezell, coordinator of the project  
Contact phone number: 521-3720  
Contact e-mail: [betty.ezell@cox.net](mailto:betty.ezell@cox.net)

Describe activity: Load vehicles near the church kitchen beginning at 11am, transport the meal and serve lunch at 11:30 to about 100 of our homeless neighbors at Seven Hills. Leave all leftover food at Seven Hills and then load vehicle with serving containers, utensils and anything else that needs to be returned to the church kitchen for cleanup.

Skills/experience needed/desired? None

Best for how many?  
Individual? Four individuals are needed for this phase of the project.  
Small group/table of eight?  
Larger group?

Can children/youth be involved? Yes  
What age? Teens, serving with experienced adult volunteers

Additional comments:

At least one person driving an SUV or other vehicle with space to transport food is needed each time to drive to Seven Hills. Large mats are provided to place under food containers for protection in cars.

The people at Seven Hills are appreciative of our help and are happy to help carry in the heavy containers of food.

It would be appreciated if a person or two can stay a short while after returning to church to help run the dishwasher in the kitchen.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Seven Hills Center  
Activity Name: **Community Meals Project: Purchasing**  
Website: <http://7hillscenter.org>

When: 9:30 to 11:00am on the Wednesday prior to the third Friday of the month plus another hour or two that day, which is flexible.

What frequency: Monthly

Where: Northwest Arkansas Food Bank, SAM's, Walmart, Harps, church kitchen

Contact name: Betty Ezell, coordinator of the project  
Contact phone number: 521-3720  
Contact e-mail: [betty.ezell@cox.net](mailto:betty.ezell@cox.net)

Describe activity: Meet at church to drive to the food bank in Bethel Heights for appointment to purchase previously ordered food items, shop at area stores for additional supplies and ingredients and store those in appropriate storage areas in the church kitchen. Receipts should be copied and turned into the office for reimbursement.

Skills/experience needed/desired? Have reliable transportation and be able to lift heavy cases of canned goods and other products.

Best for how many? One individual

Can children/youth be involved? No

Additional comments:

The position may currently be filled, but occasionally a substitute is needed.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Seven Hills Center  
Activity Name: **Current Needs List**  
Website: <http://7hillscenter.org>

When: Any time  
Where: Seven Hills Center at 1555 W. MLK Blvd., Fayetteville

Contact name: Cynthia  
Contact phone number: 251-7776, Betty Ezell (for delivery) 521-3720  
Contact e-mail: [cynthia@7hillscenter.org](mailto:cynthia@7hillscenter.org)  
Related webpage:  
<http://7hillscenter.org/wp-content/uploads/2011/08/Current-Needs-List.pdf>

Describe activity: Donate any of the items on the "Current Needs" list for Seven Hills homeless individuals and also for the Center. A list of these needs can be found on the agency's website at <http://7hillscenter.org/wp-content/uploads/2011/08/Current-Needs-List.pdf>. Arrangements could be made with Betty Ezell to deliver donated items to Seven Hills when the meal is delivered at 11:00 on the third Friday of each month.

Skills/experience needed/desired? None

Best for how many?  
Individual? Yes  
Small group/table of eight? Yes  
Larger group? Yes

Can children/youth be involved? Yes, a child could accompany his or her parents to deliver items to the Seven Hills Center.

What age? Any

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: Seven Hills Center  
Activity Name: **Seven Hills Volunteer**  
Website: <http://7hillscenter.org>

When: Hours the center is open are Monday through Thursday from 8:00 to 12pm and 1:00 to 4:30, Friday 8:00am to 2:00pm. They are not open evenings or weekends.

What frequency: Volunteers are scheduled on a regular weekly basis, preferably for no less than a 2 hour time slot.

Where: Seven Hills Center, 1555 W. MLK Blvd., Fayetteville

Contact name: Cynthia  
Contact phone number: Call 251-7776 Monday through Thursday  
Contact e-mail: [cynthia@7hillscenter.org](mailto:cynthia@7hillscenter.org)

Describe activity: Volunteers do janitorial chores, wash dishes, prepare snacks, do laundry, answer the phone, sort donations, take in recyclables and whatever else needs to be done at the time.

Skills/experience needed/desired? Energy and the desire to help

Best for how many? Individuals only

Can children/youth be involved? No, volunteers must be 18 years or older.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: United Campus Ministry

Activity Name: **Fellowship Meals**

Website: <http://ww2.ucmuofa.org:8082/prod>

Facebook: <http://www.facebook.com/pages/UCM-at-the-U-of-A/247706777697>

When: Thursday evenings and Monday noon during the academic year

What frequency: One meal or as often as desired

Where: United Campus Ministry, 902 West Maple Ave., Fayetteville AR 72701

Contact name: Rev. Susan Rose

Contact phone number: UCM 442-8041, Susan's cell 445-2064

Contact e-mail: [ucm\\_chaplain@yahoo.com](mailto:ucm_chaplain@yahoo.com)

Describe activity:

UCM has two weekly events for which home-cooked meals are appreciated.

Volunteers are welcome to enjoy the meal and related activity with the students:

1) "On Thursdays, we have Bible Study, or "Dinner & Discussion" from 5:30-7. This is a small group fellowship, normally 4-6 students, who meet for dinner downstairs, share prayer concerns, and discuss a topic or a Bible passage. Meals would be appreciated."

2) "Our students meet weekly for fellowship, and food is always a part of the time together. On Mondays, we have "Pizza & Fellowship" from 11:30-1:30. Students, professors, local ministers, and sometimes special guests come together for lunch and to catch up with what's going on in each other's life and the life of the ministry. We normally have between 15-20 people for this event. An occasional alternative meal to pizza, especially mid-semester, would be greatly appreciated."

Skills/experience needed/desired? No specific skills necessary. A heart for youth/young adult ministry is helpful.

Best for how many?

Individual? Yes

Small group/table of eight? Yes

Larger group?

Can children/youth be involved? Yes

What age? Young people are always welcome at the campus center. Youth groups attend fellowship activities at UCM currently. Younger children are welcome with parents.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: United Campus Ministry

Activity Name: **End-of-Semester Snacks**

Website: <http://ww2.ucmuofa.org:8082/prod/>

Facebook: <http://www.facebook.com/pages/UCM-at-the-U-of-A/247706777697>

When: Last weeks of semester (April 25<sup>th</sup> – May 5<sup>th</sup>, 2011)

What frequency: Weekly during the academic year.

Where: United Campus Ministry, 902 West Maple Ave., Fayetteville AR 72701

Contact name: Rev. Susan Rose

Contact phone number: UCM 442-8041, Susan's cell 445-2064

Contact e-mail: [ucm\\_chaplain@yahoo.com](mailto:ucm_chaplain@yahoo.com)

Describe activity:

Prepare or donate snacks or light meals for the students at the end of the semester.

“UCM stayed open 24/7 for the last 2 weeks of the fall semester to provide students a quiet place to study or to gather to finish group projects. We provided sodas, snacks and a few meals to help them maximize their study time. There are several ways to help with this event: donate snacks (sweet, salty, healthy, not-so-healthy, easy fruit and veggies,) donate canned soda, donate an easy meal that can go from the fridge to the microwave, donate Walmart gift cards, or make a financial contribution designated for this event.”

Skills/experience needed/desired? No specific skills necessary. A heart for youth/young adult ministry is helpful.

Best for how many?

Individual? Yes

Small group/table of eight? Yes

Larger group? Yes

Can children/youth be involved? Yes

What age? Young people are always welcome at the campus center. Youth groups attend fellowship activities at UCM currently. Younger children are welcome with parents.

**First United Presbyterian Church  
Service Opportunity  
April 2, 2012**

Organization: United Campus Ministry

Activity Name: **Thanksgiving Dinner**

Website: <http://ww2.ucmuofa.org:8082/prod/>

Facebook: <http://www.facebook.com/pages/UCM-at-the-U-of-A/247706777697>

When: Sunday, November 6, 2011, 5:30 pm

Where: United Campus Ministry, 902 West Maple Ave., Fayetteville AR 72701

Contact name: Rev. Susan Rose

Contact phone number: UCM 442-8041, Susan's cell 445-2064

Contact e-mail: [ucm\\_chaplain@yahoo.com](mailto:ucm_chaplain@yahoo.com)

Describe activity:

"The first Sunday evening in November, we invite local Presbyterian and Disciples youth groups to join the students for a brief worship service and an old fashioned Thanksgiving Dinner. This year will be our third year doing the dinner, and I hope to increase the number of youth groups attending again this year. Depending on the youth groups attending, there could be 50-150 students/youth."

You may volunteer for any of the following: bringing a side dish or dessert, donating paper products, helping with set-up and/or clean-up. Volunteers are invited to worship, eat, and enjoy fellowship with the students.

Skills/experience needed/desired? No specific skills necessary. A heart for youth/young adult ministry is helpful.

Best for how many?

Individual? Yes

Small group/table of eight? Yes

Larger group? Yes

Can children/youth be involved? Yes

What age? Young people are always welcome at the campus center. Youth groups attend fellowship activities at UCM currently. Younger children are welcome with parents.